

## **The Top Ten Features of Skilled Receivers**

1. They know how to accept a compliment graciously and are genuinely pleased to receive it.
2. They regularly express gratitude.
3. Their attention is on the present rather than dwelling on the past or fretting about the future.
4. They are good listeners.
5. They are observant.
6. They define a “good person” as a whole person rather than as someone who places other people’s needs above their own.
7. They do not enable people.
8. They know when to cease activity and listen or ask for guidance.
9. They utilize data in their environment to help them make decisions.
10. They don’t complain.